

## **MODULE 1 - FINANCIAL LITERACY**

## **UNIT 1.1 - The meaning of financial literacy**

LESSON INTRO	What are we doing today? > Today we are learning what does financial literacy mean, what is personal finance and especially why do you have to learn about financial literacy in your everyday life.  What soft skill am I going to acquire today? Critical Thinking; Decision making; Risk assessment and empowerment through knowledge.
PREVIOUS ASSIGNMENT(s) CHECK	N/A
INTRODUCTION TO THE TOPIC	Financial literacy is a fundamental skill encompassing the knowledge and capabilities to comprehend the workings of money, manage personal finances, and make informed financial decisions. This proficiency is vital for informed financial decision-making, reducing financial stress, and achieving financial goals.
	The initial step in financial literacy entails grasping the essentials of personal finance, such as establishing a budget, monitoring expenses, and distinguishing between necessities and desires. Budgeting forms the cornerstone of personal finance, entailing the creation of a spending plan. Expense tracking ensures that spending aligns with the budget. Necessities encompass vital items like food, housing, and clothing, while desires encompass non-essential yet desirable items like entertainment and vacations. Recognizing this distinction aids individuals in prioritizing spending.
	The subsequent step in financial literacy revolves around comprehending the array of financial products and services available, including checking and savings accounts, credit cards, loans, and investments. Understanding the mechanics, fees,



and benefits of these products is essential for informed decision-making. For example, evaluating the benefits and risks of investing in stocks enables individuals to determine their suitability for the stock market. Familiarity with credit card fees and interest rates aids in selecting the most suitable card.

In summary, financial literacy is an indispensable skillset involving grasping the fundamentals of personal finance, including budgeting and expense tracking, as well as comprehending diverse financial products and services. This skill empowers individuals to make informed financial decisions, alleviate financial stress, and attain financial objectives, fostering confidence and control over their financial futures.

## **GENERAL THEORY**

Financial literacy encompasses a multifaceted set of skills, knowledge, and behaviors that empower individuals to make well-informed and effective decisions concerning their finances. It involves an understanding of fundamental financial concepts and risks, as well as the cultivation of skills, motivation, and confidence necessary to apply this knowledge across a spectrum of financial situations. These capabilities enable individuals to make sound financial choices that enhance both their personal and broader societal financial well-being.

Financial literacy equips individuals with the ability to navigate the intricacies of the financial system, make prudent financial decisions in various life contexts, and effectively manage their financial resources. This includes the capacity to discern and evaluate financial choices, plan for future financial objectives, allocate resources wisely, and skillfully address the financial challenges that life may present, such as job losses, retirement savings, or funding a child's education.

Moreover, financial literacy extends beyond individual competence, encompassing a broader capability known as 'financial capability.' Financial capability not only comprises skills, knowledge,



but also encompasses the accessibility and empower individuals to confidently and objectives. It is a vital skill set that fosters financial **REGIONAL THEORY** In Italy Financial literacy is measured by a summary under 5,000 individuals aged 18-79 years residing main results are presented in the Report 'Surveys' Source: alfabetizzazione/2023-indagini-alfabetizzazione/sta **EXAMPLES (BOTH REGIONAL** Some examples of why is it important to be financially literate **AND NON-SPECIFIC)** 



entertainment, and transportation expenses, and might research and understand various investment borrowing money and actively manage their debt HANDS ON EXPERIENCE c. Investing in stocks



d. Owning a home

Which of the following is a soft skill acquired through financial literacy?

- a. Ability to invest
- b. Make money transfers
- c. Critical Thinking
- d. Problem solving

What is the first step in financial literacy according to the lesson plan?

- a. Investing in stocks
- b. Creating a budget
- c. Opening a savings account
- d. Paying off debt

What is the main purpose of budgeting in personal finance?

- a. Increasing debt
- b. Tracking income only
- c. Planning how to spend money
- d. Ignoring expenses

Which of the following is considered a financial necessity?

- a. Vacation
- b. Entertainment
- c. Food
- d. Designer clothing

Financial capability includes:

- a. Only financial knowledge
- b. Access to financial products and services
- c. Saving money in a piggy bank
- d Personal investment in stocks

What is the purpose of financial literacy in Italy:

- a. To track credit card spending
- b. To encourage borrowing money
- c. To measure knowledge, behaviors, and attitudes
- d. To promote excessive saving

Why is it important to be financially literate, according to the examples provided?

- a. To accumulate as much debt as possible
- b. To invest in high-risk stocks



	c. To make informed financial decisions d. To avoid saving money
	b. Managing personal finances
	c. Critical Thinking b. Creating a budget c. Planning how to spend money c. Food b. Access to financial products and services c. To measure knowledge, behaviors, and attitudes c. To make informed financial decisions
DISCUSSION	How much do you feel financially literate? How and where did you gain previous knowledge?
FEEDBACK AND OTHERS	Remember to leave room for questions not strictly pertaining the discussion topics!!
ASSIGNMENTS	Develop a brief roadmap, in a format of your choice, describing your level of financial literacy and set 3 goals for yourself in order to improve it.  Tro to match those goals with the expectations you have towards this course.